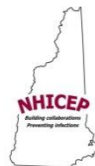


New Hampshire Infection Control and Epidemiology Professionals

WELCOME!
September 11, 2020



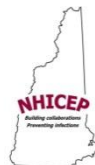
Moment of Reflection



<https://www.allaboutarizonanews.com/remembering-9-11-events-in-honor-of-18th-anniversary-of-terror-attacks/>

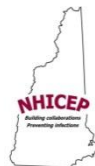
Welcome & Introductions

- In the chat, let us know you are here and where you are from and answer the question, “The best thing I did this summer was....”
- Board Updates
 - Membership for 2021
 - Treasurer
- CIC Acknowledgements



Join the Board!

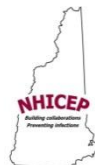
- Open Positions:
 - Treasurer
 - Membership Chair
 - General Board member
 - Program Co-Chair
- Email Stephanie Szopa at SSzopa@Elliot-HS.org if you are interested!
- You can review the positions in our bylaws available here: <https://www.nhicep.org/bylawscode-of-conduct>



NHICEP Annual Meeting

In January 2020, we announced we were going to partner with NH DHHS to host our annual NHICEP meeting with the Antibiotic Stewardship Symposium. Those plans have changed and the board is looking into hosting a virtual NHICEP annual meeting this fall.

If you know someone that would like to present or you yourself would like to present, please email nhicep1@gmail.com.



NHICEP Virtual Share Sessions

September 15, 2020

- 12:00PM-1:00PM
- Join Zoom Meeting
- <https://zoom.us/j/99157121351>
- Meeting ID: 991 5712 1351
- Phone: 1-312-626-6799

October 20, 2020

- 12:00PM-1:00PM
- Join Zoom Meeting
- <https://zoom.us/j/95378639401>
- Meeting ID: 953 7863 9401
- Phone: 1-929-205-6099

Thank you to CMC for allowing us to use their Zoom.



International Infection Prevention Week



NHICEP Loves Their IPs!

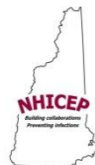
- Send a pic of you or your team to nhicep1@gmail.com and we will share it throughout IIPW on our Facebook Page

<http://professionals.site.apic.org/iipw/>



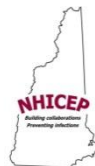
Agenda

- 9:15 - 9:30 am **NHHA and Legislative Update**
Paula M. Minnehan, MHA/Anne Diefendorf
- 9:30 – 10:30 am **State Update**
Lindsey Pierce
Chief, Infectious Disease Prevention
Investigation and Care Services Section
NH Division of Public Health Services
- 10:30 – 11:30 am **Emergency Management PPE Availability**
Craig Beaulac
Emergency Services Unit
Operations Administrator
- 11:30 – 12:30 pm **Stress and Coping on the Frontlines of the COVID-19 Pandemic**
Diana Schriver, LICSW
Disaster Behavioral Health Coordinator
NH Department of Health & Human Services



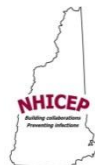
New Hampshire Disaster Behavioral Health Response Teams

- team of behavioral health providers to respond to the mental health needs of New Hampshire residents following disasters
- The team responds to disasters or critical incidents when local behavioral health resources have been depleted or are overwhelmed
- The goal of the disaster behavioral health response team is to provide an organized response to individual victims, family members, survivors, or the community affected by critical incidents or disasters
- Team members operate under the supervision of DHHS's Disaster Behavioral Health Coordinator, receive ongoing training and participate in community/statewide drills and exercises



New Hampshire Disaster Behavioral Health Response Teams

- The Governor or designee at the Department of Health and Human Services-Emergency Services Unit activates this team during Federal or State Emergencies
- If an emergency is not declared, local municipalities or emergency response systems may request assistance in order to meet the behavioral health needs of communities in local crises by contacting the Disaster Behavioral Health Coordinator at **(603) 271-9454** or **(603) 419-0074**
- After 4pm, Monday through Friday, or on weekends, emergency DBHRT services may be requested by calling the Duty Officer at Emergency Management **(800) 852-3792**





NH Disaster Behavioral Health Response Team

"Volunteers don't get paid. Not because they're worthless, but because they're priceless." - Sherry Anderson

Health Care Workers/First Responders Stressed Out? Need to Talk? We Can Help

We are:

- **Trained Crisis Counselors/Support People**
- **Confidential**
We will not request identifying information other than your first name and town unless safety is an issue of concern
- **Available 7 am to 9 pm DAILY**
- **Here for you**

Just Call:

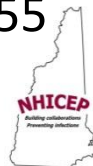
(603) 892-8924

(603) 892-8086

(603) 892-8504

Resources

- [Disaster Distress Helplineexternal icon](#): 1-800-985-5990 (press 2 for Spanish), or text TalkWithUs for English or Hablanos for Spanish to 66746. Spanish speakers from Puerto Rico can text Hablanos to 1-787-339-2663.
- [National Suicide Prevention Lifelineexternal icon](#): 1-800-273-TALK (8255) for English, 1-888-628-9454 for Spanish, or [Lifeline Crisis Chatexternal icon](#).
- [National Domestic Violence Hotlineexternal icon](#): 1-800-799-7233 or text LOVEIS to 22522
- [National Child Abuse Hotlineexternal icon](#): 1-800-4AChild (1-800-422-4453) or text 1-800-422-4453
- [National Sexual Assault Hotlineexternal icon](#): 1-800-656-HOPE (4673) or [Online Chatexternal icon](#)
- [The Eldercare Locatorexternal icon](#): 1-800-677-1116 [TTY Instructionsexternal icon](#)
- [Veteran's Crisis Lineexternal icon](#): 1-800-273-TALK (8255) or [Crisis Chatexternal icon](#) or text: 8388255



Recovering from COVID-19 or ending home isolation

- It can be stressful to be separated from others if you have or were exposed to COVID-19. Each person ending a period of home isolation may feel differently about it.
- Children may also feel upset or have other strong emotions if they, or someone they know, has COVID-19, even if they are now better and able to be around others again.
- Emotional reactions may include:
 - Mixed emotions, including relief.
 - Fear and worry about your own health and the health of your loved ones.
 - Stress from the experience of having COVID-19 and monitoring yourself, or being monitored by others.
 - Sadness, anger, or frustration because friends or loved ones have fears of getting the disease from you, even though you are cleared to be around others.
 - Guilt about not being able to perform normal work or parenting duties while you had COVID-19.
 - Worry about getting re-infected or sick again even though you've already had COVID-19.
 - Other emotional or mental health changes.

Tips for Managing Stress During the COVID-19 Pandemic:



- Take time away from media reports to focus on things in your life that are going well and that you can control.
- Talk to family and friends. You can still stay connected while social distancing.
- Pay attention to your body. Recognize the early warning signs of stress, and take time to renew your spirit through meditation, prayer, or helping others in need.

ADDITIONAL RESOURCES

Disaster Distress Helpline:

1-800-985-5990

National Suicide Prevention Lifeline:

1-800-273-TALK (1-800-273-8255)

SAMHSA

Substance Abuse and Mental Health
Services Administration

Toll-free: 1-877-SAMHSA-7 (1-877-726-4727) |
info@samhsa.hhs.gov | <https://store.samhsa.gov>

PEP20-01-01-013

- Board Updates – membership, election results
- 9-1030 - Dr. Talbot
- 1030-1130 – Tamara Beahm - biofilms
- 1130-1200 – CIC
- 1200-1230 – CDC C. diff
- Raffles

